

WEDNESDAY MARCH 31
5-6:30 PM

FOOD FIX

VIRTUAL PANEL DISCUSSION - [REGISTER HERE!](#)

NEW YORK TIMES BESTSELLER

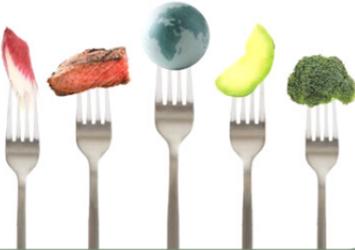
"Brilliantly researched. A momentous work that will inform and improve the lives of every reader, society, and country." —Paul Hawken, editor of *Drawdown*

FOOD FIX

*How to Save Our Health, Our Economy, Our Communities,
and Our Planet—One Bite at a Time*

MARK HYMAN, MD

Bestselling author of *Food: What the Heck Should I Eat?*



FOOD & THE ENVIRONMENT

FOOD & MENTAL HEALTH

FOOD & AGRICULTURE POLICY

*A Conversation And Call To Action Around The
Twin Cities Food Justice Landscape*

PANELISTS



Princess Haley, a proud Chicago native, has worked and served in Minnesota for more than twenty five years. At AFC she is a co-founder and the Senior Engagement Officer. She has a BS degree in Urban Teaching, and specialized studies in Psychology, African History, Community Organizing and Life Coaching. Her creativity leads her to painting, writing, performing and public speaking. Princess is passionate about creating space where people can find solutions to their own issues. She is a teacher, a mother and a possibility thinker, who believes that human connections are strengthened in the garden, at the cutting board and the dinner table.



Reginaldo Haslett-Marroquin began working on economic development projects with indigenous Guatemalan communities in 1988. Regi founded and Directed the Fair-Trade Program for the Institute for Agriculture and Trade Policy and founded Peace Coffee. Haslett-Marroquin is an owner-founder of Regeneration Farms LLC, and Founder and President of the Regenerative Agriculture Alliance. Regi was awarded a prestigious lifetime Ashoka Fellowship in 2018 for his work in Regenerative Poultry Systems, which is at the center of a multitude of national and international initiatives. This system is designed to be uniquely aligned with the social and economic conditions of new, immigrant, small farms, and marginalized communities. The system is designed for large-scale and global impact. At the Regenerative Agriculture Alliance, Regi works on system-level strategies designed for global application, currently, his work covers communities in the US.



Valentine Cadieux spends most of her time strategizing and learning with urban food growers in the Twin Cities: with the Urban Farm and Garden Alliance, the Twin Cities Community Agricultural Land Trust, and with various circles of learners, including at her day job teaching community food systems and environmental justice and sustainability at Hamline University. As an artist, learner, grower, neighbor, and peacemaker, Valentine is focused on mending, especially in spaces of urban community economic resistance, reimagination, and repair of land relationships. Commons and cooperative economic relationships are the center - including community-led education of policy makers and peer-to-peer support, and systems change and code switching translation work between Community Wealth as understood in our communities' conversations and Regional Economic Development as described in the language of people in power.

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